

Hypnosis Practitioner Curriculum - Méthode Dolfino

Candidate observation sheet

NAME, first name: _____

Date: _____

Observation elements						Notes
Dissociation language is used (“the”, “it” rather than “your”)						
Proximity is maintained (hand on the shoulder or legs very close)						
The person guides without including themselves in the trance (no “we” or “us”)						
Non-directivity is respected (the guide lets solutions emerge)						
The induction and deepening seem appropriate (bodily signs of trance obtained)						
The tone is playful or appropriate to the guidance scenario (mostly invites lightness and ease)						
The important steps of the technique are included (anchoring, scenario...)						
Ease in “handling” the situation (stays calm and continues guiding in a particular situation)						
Active participation during practices (changes partner, agrees to guide and to be guided)						
Other, specify:						

For all observations, it is recommended that the candidate:

- _____ obtain their certification or continue pursuing it.
- _____ be more closely supervised during practices.
- _____ retake one or more trainings.
- _____ be excluded from the trainings.

Signature of the trainer or observer

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